



# ANTHROPOMETRY & & BIOMECHANICS

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#### Purpose and Responsibility

- □ Conduct research on flight equipment and EVA/IVA operations from the perspective of biomechanics, human performance, and ergonomics.
- Evaluate the equipment and the tools utilized by crews (Prototype suits for lunar and Mars, new exercise devices for ISS.)
- □ Anthropometric Initiative- Center wide consolidation of anthropometric and biomechanical data.



#### Activities

- □ Sample of activities conducted by the ABF.
  - ✓ Perform **Gap Analysis** on Crew-Hardware Compatibility (fig 1)
  - ✓ Measure, maintain, and provide 3-D Anthropometric and Functional strength data bases for those who design and develop hardware
  - ✓ Assess issues pertaining to **crew induced loads** to structures.
  - ✓ Perform **longitudinal studies** on crewmembers' physical capabilities



Figure 1: Example of a crew-hardware incompatibility





#### Activities cont'd

- ✓ Evaluate and certify the Advanced Space Hardware (Example: Quantify the reach and mobility characteristics of developmental suits for Mars and lunar exploration (Fig 2)
- ✓ Evaluate the **performance capabilities** of International Space Station work aids (CETA, ORU/OTD, BRT/MUT)
- ✓ Provide **criteria** / **guidelines** on modifications
- ✓ Assess the severity of a Problem (ORU/OTD Installation Issue, Hubble Space Telescope repair activities)



Figure 2: Quantifying the strength while wearing a pressurized suit.

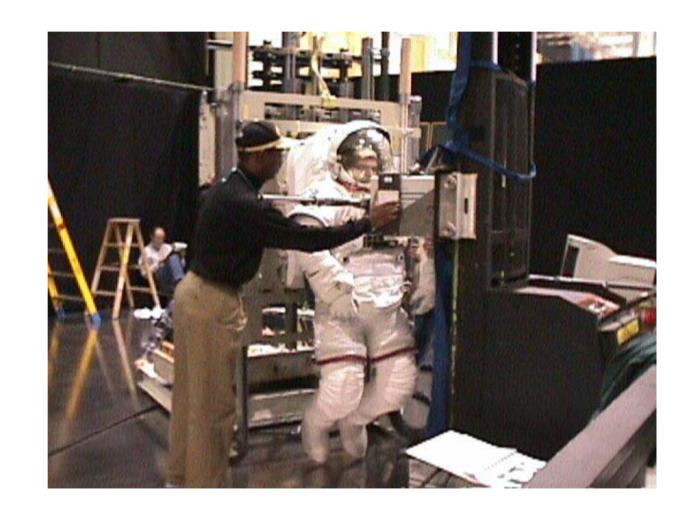
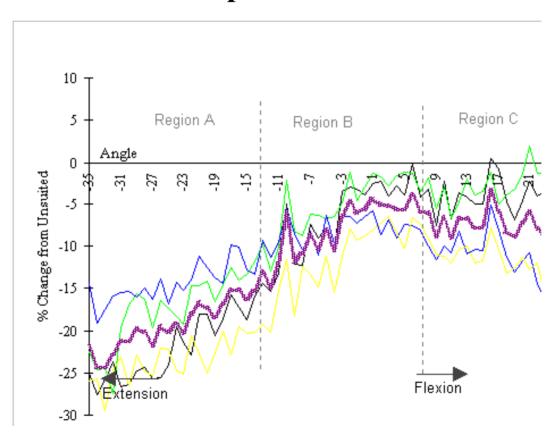




Figure 3 – An example showing the strength and fatigue characteristics of a suited personnel.





#### Instrumentation

- ✓ Whole Body and Foot Scanners
- ✓ Anthropometers
- ✓ Video based motion analysis system
- ✓ Multimodal, Multiaxial Isokinetic Device (MMID),
- ✓ Biodex and Loredan LIDO Isokinetic Strength Dynamometers
- ✓ 6 degrees of freedom Force Plates
- ✓ Hand Dynamometer
- ✓ Pinch Dynamometer



#### **Capabilities**

- □ Data collection can be performed at the Precision Air Bearing Floor (frictionless environment in two dimensions)
- □ KC-135 (free fall based zero gravity environment)
- □ Neutral Buoyancy Lab (underwater based zero gravity environment)
- □ Remote Field Sites (Flagstaff, Death Valley)
- ☐ Suit Lab



#### **Products**

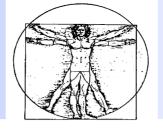
- □ Customers are from the engineering, training and research community of NASA.
  - ✓ Anthropometry and Biomechanics data such as strength, fatigue, motion (fig 5)
  - ✓ Analysis and recommendations such as training techniques to optimize performance
  - ✓ Technical reports and research publications



#### **Example**

- ☐ Hubble Telescope training for crew induced loads during ingress and egress of foot restraint system.
  - Crew might put excessive on foot restraints installed on Hubble
  - ✓ Instrumented foot restraint to measure loads in NBL
  - ✓ Trained the crew to minimize the load using instrumented foot restraint as guide
  - ✓ Generic training procedures developed for crews using foot restraints during EVA tasks



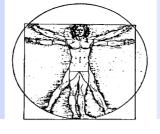




# Development of New Analytical Tools to Develop Space Hardware for Future Missions

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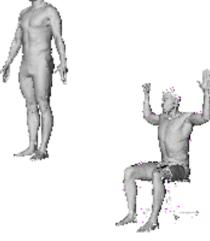




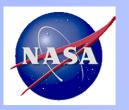


# **Objective**

- □ Enhance NASA'sAnthropometric Efforts
- Development of
   Comprehensive
   Anthropometric Database and
   Analytical Techniques

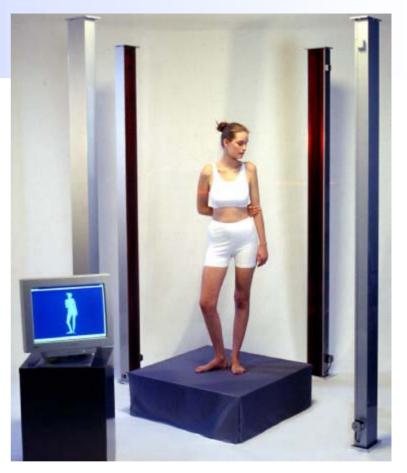






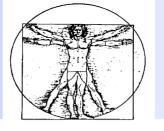


Traditional Anthropometers and Goniometers are used for manual measurements

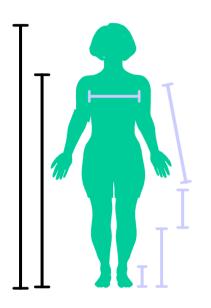


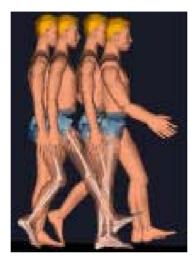
New 3-D Body Scanner



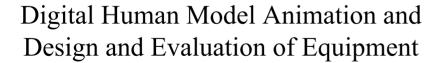










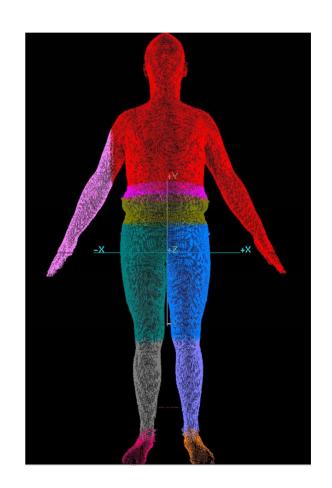






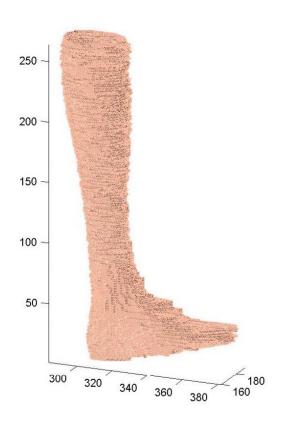
#### **Immediate Goals**

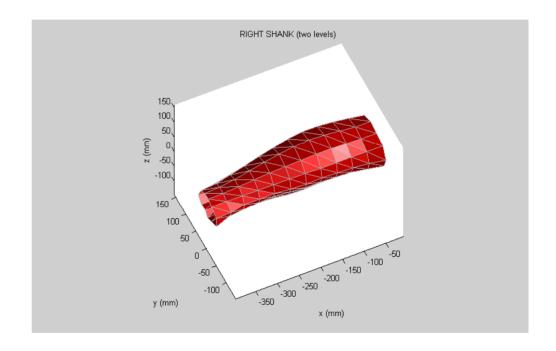
- Segment the body at different anatomical locations.
- Add new landmarks to segment the body at the new landmark locations
- Re-link the segmented parts together for movement at the joint centers.





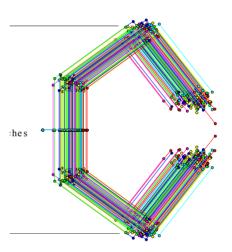
# Accomplishments so far













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